

SPX FIT KIDS SPRING

(Spring Session begins April 22nd - June 29th)

Offered Mondays, Wednesdays and Saturdays)

Specialized group FITNESS for ages 12-17

- Build a strong foundation, core, and quickness*
- Be educated around movement and build your confidence*
- Class is never boring!*

Choose Mon 4-5pm, Wed 4-5pm or Sat 10-11am

9-weeks (off May 25th & 27th)

\$112.50 mem/\$162 non-mem

(10% off 2nd class) *sibling discount 5%



Coach
Jane Savage

Min 5/Max 10 per group



SPORTSPLEX

REGISTER AT RECEPTION DESK

2902 Route 9W, New Windsor, NY 12553 845.565.7600