5 TENNIS

Adult Programs and Leagues

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
OPEN DRILL			9:30-11AM 6:30-8PM			9-10:30AM	
NICK IN THE MORNING	A				5	10:30ам-12рм	
RALLY W/ ROKHSHA		9:30-11AM	1/1/	9-10:30am 11-12:30pm		TINAS	7/2/1
NICK@ NIGHT	1	6-7:30рм		6:30-8PM 8-9:30PM			
MENS 3.0-3.5 SINGLES	7-8:30PM SEE TOM	1		1 X			

OPEN DRILL: COMBINATION OF POINT BASED GAMES, SHOT SELECTION DRILLS, EXERCISE, AND TRASH TALKING AT ITS FINEST. SO FUN! 3.0-4.5 LEVEL (WEEKLY SIGN-UP THROUGH FRONT DESK OR APP) *MEMBERS GET PRIORITY OVER NON-MEM

RALLY W/ROKHSHA & NICK @ NIGHT: DESIGNED FOR THE INTERMEDIATE PLAYER. SKILL BUILDING THROUGH DRILLS AND GAME BASED PLAY. 2.0-3.5 LEVEL OF PLAY. (10-WEEK SESSIONS).

NICK AT NIGHT/MORNING: PERFECT FOR THE NEW OR LIMITED EXPERIENCED PLAYERS. LEVELS FROM 2.0-3.0 WELCOME. (10-WEEK SESSIONS)

FEES	TENNIS MEMBER	HEALTH MEMBER	Non-Member
OPEN DRILL	\$28	\$34	\$41
RALLY W/ROKHSHA NICK 49 NIGHT	\$280/\$289	\$340/\$351	\$410/\$423
MEN'S SINGLES MEMBERS ONLY	\$125/\$129	N/A	N/A

*DENOTES
CASH-CHECK/
CREDIT CARD FEE

OPEN DRILLS: SIGN UP VIA SPX PORTAL OR CALL THE FRONT DESK TENNIS LESSONS: SIGN UP BY CONTACTING ROKHSHA68@GMAIL.COM OR NSTROYNICK@GMAIL.COM

