

**2024-  
2025**

# TENNIS

## ADULT PROGRAMS AND LEAGUES

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>OPEN DRILL</b>			9:30-11AM 7-8:30PM			9:00-10:30AM	
<b>NICK IN THE MORNING</b>						10:30AM-12PM	
<b>RALLY W/ ROKHSHA</b>		9:30-11AM		9:30-11AM 11-12:30PM			
<b>NICK @ NIGHT</b>		6-7:30PM		6:30-8PM 8-9:30PM			
<b>MENS 3.0-3.5 SINGLES</b>		SEE TOM					

**OPEN DRILL:** COMBINATION OF POINT BASED GAMES, SHOT SELECTION DRILLS, EXERCISE, AND TRASH TALKING AT IT'S FINEST. SO FUN! 3.0-4.5 LEVEL  
(WEEKLY SIGN-UP THROUGH FRONT DESK OR APP) \*MEMBERS GET PRIORITY OVER NON-MEM

**RALLY W/ROKHSHA & NICK @ NIGHT:** DESIGNED FOR THE INTERMEDIATE PLAYER. SKILL BUILDING THROUGH DRILLS AND GAME BASED PLAY. 2.0-3.5 LEVEL OF PLAY. (10-WEEK SESSIONS).

**NICK AT NIGHT/MORNING:** PERFECT FOR THE NEW OR LIMITED EXPERIENCED PLAYERS. LEVELS FROM 2.0-3.0 WELCOME. (10-WEEK SESSIONS)

FEES	TENNIS MEMBER	HEALTH MEMBER	NON-MEMBER
<b>OPEN DRILL</b>	\$28	\$33	\$40
<b>RALLY W/ROKHSHA NICK @ NIGHT</b>	\$280*	\$330*	\$400
<b>MEN'S SINGLES MEMBERS ONLY</b>	\$125	N/A	N/A

\*DROP-IN FEE \$40

**OPEN DRILLS: SIGN UP VIA SPX PORTAL OR CALL THE FRONT DESK**

**TENNIS LESSONS: SIGN UP BY CONTACTING ROKHSHA68@GMAIL.COM OR NSTROYNICK@GMAIL.COM**