

Sportsplex Flying Trapeze COVID-19 Risk Mitigation Procedures

as of 7/2/2020

The flying trapeze team (herein referred to as Trapeze) will follow all relevant public health mandates and protocols from local, state and federal government agencies, and will adjust and adapt as that guidance evolves. The goal of this document is to outline our plans for the safest possible operation.

We are an outdoor athletic experience. We have no access to running water or municipal electricity other than the Sportsplex facilities. We do have an abundance of open space and fresh air. Our coaching team is small. We will be addressing two major areas of COVID-19 concern: aerosolized particles and fomite (contact) transmission.

Operating Protocols for 2020

1. We will be restricting our space (defined as inside our perimeter rope, which will be a physical barrier to cordon off the class area) to staff and students only. While Trapeze is an open facility at Sportsplex-New Windsor, during the 2020 season we will not be continuing our practice of welcoming friends and family of students nor passersby to enter our dedicated class space to observe or socialize. Onlookers will be permitted outside the perimeter, and it will be their responsibility to follow social distancing and public gathering guidelines.
2. All persons will wear masks. Masks are required to cover the nose and mouth at all times. Masks should fit snugly on all sides. Bandanas hanging loosely around the chin are not permissible. Whenever possible a wire fitting snugly over the bridge of the nose is encouraged. Loose tie straps on the back of the skull will not be allowed. Tie masks are permissible if the tie ends can be secured to reduce the chance they get caught in the net. Masks with elastic ear loops or full elastic loops are encouraged. Other mask styles will be visually evaluated (from a distance) by Trapeze staff and allowed or disallowed at their discretion. No one will be allowed in the space without a mask! If a mask is rejected by the staff and the student does not have an alternate mask, Trapeze can provide a disposable mask for a nominal fee.
3. Before entering the space, all persons must certify they are healthy and have not participated in any activities that would put them at high risk for exposure or were not knowingly exposed to COVID-19. In addition to the pre-arrival self-certification and Assumption of Risk (see attached), staff will screen participants by verbally asking a few key questions to ensure that the participant:

- Has not had a sudden onset of symptoms in the past 72 hours (The current symptoms list used will be provided by the CDC. As of 5/16/20, symptoms include cough, diarrhea, fever, headache, muscle aches, shortness of breath, sore throat and/or unexplained loss of taste or smell.)
 - Have not traveled to or from locations requiring quarantine upon entry to New York State in the past 14 days.
 - Have no knowledge or suspicion that they may have been exposed to COVID-19 in the past 14 days.
 - In addition, staff may take the temperature of the participant using a no-contact forehead thermometer.
4. Family members or other guests traveling with students will not be allowed in the space, but will be allowed to observe from outside our perimeter. Students may not go within six feet of a person outside the Trapeze space during class. If they do need to interact with someone not within the trapeze camp or class, they will have to re-sanitize themselves before entering Trapeze's class space.
 5. Classes will not include catching for the foreseeable future. We will reevaluate a return to catching based on the government's reopening phase guidelines as well as the comfort of our catchers and flyers.
 6. Class sizes will be reduced per government camp and sports guidelines to minimize unnecessary grouping interactions while at Trapeze.
 7. We will have at least thirty (30) minute breaks between classes to allow students to leave before the next group arrives. This time will be used to clean/disinfect any and all high-touch surfaces used during class. This includes, but is not limited to: rise ladders, rise, hook, noodle, carabiners, ladder, fly crane upright, benches, and trailer area.
 8. Sanitation practices will be done in accordance with manufacturer recommendations. Products used will be selected in compliance with the EPA List N: Disinfectants for Use Against SARS-CoV-2. All high-touch, 'hard' and 'soft', surfaces will be cleaned after each class by Trapeze staff. Appropriate PPE will be provided to staff by management.
 9. Trapeze will provide each participant their own chalk container, to negate the typical community chalk source and enhance social distancing practices. Each bag will be labeled with the participant's name for use throughout the camp week or class sessions.

10. Similarly, each Trapeze participant will be assigned a safety belt for their own use during the session. There will be no sharing of belts among students, and belts will be properly sanitized after each class.
11. Fly bars will be changed after every class and re-taped before use.
12. Trapeze will post weatherproof signage in accordance with state requirements regarding COVID-19 protocols and Trapeze's operation as a closed site, in addition to basic Trapeze Safety Rules. Signage will be present in key areas, reminding all of the "rules" around hand washing/sanitizing, social distancing, wearing masks, etc.
13. This document shall be made available to all Trapeze staff members and Sportsplex New Windsor staff, members, and Trapeze program participants.
14. PPE beyond the required face mask will be provided to staff as needed. Manufacturer PPE recommendations will be followed for all cleaning products, gloves, eyewear, etc.
15. Trapeze coaches will be required to self-certify before arrival on site each day that they are either not high risk or that they have educated themselves on those risks. Certification will include disclosure of symptoms, testing status, and possible exposure. Trapeze will provide coaches with information to help them determine their level of personal risk and work with high risk/concerned staff on additional measures that can be taken to ensure the safety of all staff and students. Risk factors can be found here:
<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>
16. In the event of a confirmed COVID exposure at Trapeze, we will follow Sportsplex protocols and all staff and students with potential exposure will be informed of the situation via email or phone call. A thorough cleaning and disinfecting of the site will take place immediately with whatever staff participating in that cleaning being provided with PPE. All policies laid out in this document will be reevaluated to see if modifications can be made to prevent a similar exposure event in the future.
17. These policies shall remain in place until such time as the federal, state and local governments deem it safe to return to pre-COVID protocols.
18. All protocols laid out herein are subject to review and change as new COVID science emerges and the threat of infection changes. Trapeze will relax or tighten rules and restrictions as necessary and without prior notification if changes are required.